



## School Residential Experiences 2022



The Team at Fairburn Activity Centre have been providing outdoor education and residential experiences for over 20 years. Based in the beautiful remote surroundings of Fairburn Estate near Muir of Ord it provides the ideal location for your school to visit for quality outdoor learning opportunities.

We can tailor a package that suits your schools needs and will support you throughout your time at Fairburn and well after you depart. We firmly believe outdoor learning is an excellent way to enhance your pupils personal, social and emotional development through purposeful, effective, interactive and enjoyable learning.

Our on-site activities are both challenging and fun and we can also offer off-site experiences that will take pupils outside their comfort zone and well away from phones and other devices!

The information in the following pages aims to inform you of everything we have to offer and will hopefully help you in your decision to join us on a residential course! Our office team and instructional staff are always available to answer any questions may you have however big or small they may be.

We hope to see you in 2022!



## OUR CENTRE

Most of your time will be spent outside on activities. We will also work in the centre with our instructors, so its worth knowing a little about us and where you will be staying.



The centre is an old stables building converted into accommodation with excellent indoor facilities. During times of inclement weather and evening activities you may use our conference rooms. Throughout your day, you will have access to changing rooms, a drying area and dining room.

Our bedrooms can accommodate up to five people. We have twin rooms, double rooms and bunk rooms that are all en-suite.



## OUR STAFF

During your time at Fairburn you will have the opportunity to learn alongside a variety of our expert centre staff. All our full time and seasonal staff are highly qualified in what they do. As well as being highly qualified, our staff love to share their own enthusiasm for adventure and the outdoors. Each brings their own interests, skills and hobbies to create a dynamic and interesting environment to spark creativity and passion in the students (and teachers) who visit us. You may come for the archery and leave with a new interest in astronomy. All our instructors hold valid first aid certificates and are PVG checked before commencing work at Fairburn. We also have support staff that will assist us in making your stay with us as comfortable and welcoming as possible.



## OUR CATERING

Our catering team work in our on-site kitchen to provide a healthy and filling breakfast, lunch and dinner for our residential and day guests.



### Sample Menu

Please note all soups will be vegetarian/vegan with sandwiches providing a variety of fillings on white and brown bread. Vegetarian or other dietary options are available with advanced notice where possible. The menu below is a guide and can be adapted for your needs.

#### Day 1

Lunch – Soup, Sandwiches and Fruit

Dinner – Lasagne and Salad, followed by Ice Cream and Fruit

### Day 2

Breakfast – cereal, toast, yogurt, fruit juice and fruit.

Lunch – Baked Potato with Cheese or Tuna with Fruit

Dinner – Chicken Nachos & Garlic Bread followed by Jo's Dairy Free Brownie with Chocolate Sauce and Fruit

### Day 3

Breakfast – cereal, toast, yogurt, fruit juice and fruit.

Lunch – Soup, Sandwiches and Fruit

Dinner – Macaroni Cheese Garlic Bread with Ice Cream and Fruit

### Day 4

Breakfast – cereal, toast, yogurt, fruit juice and fruit.

Lunch – Baked Potato with Cheese or Tuna with Fruit

Dinner – Burgers, salad and chips with Sponge Pudding & Custard

### Day 5

Breakfast – cereal, toast, yogurt, fruit juice and fruit.

Lunch – To be confirmed (pack lunch can be provided for travel if preferred)

**Diluting juice (orange or blackcurrant) will be served with meals. Our tuck shop will be open for specified times daily to purchase snacks, sweets or drinks.**

## CURRICULUM FOR EXCELLENCE

Curriculum for Excellence intends to help children and young people gain the knowledge, skills and attributes needed to thrive in life for the 21st century, it includes skills to develop their learning experiences, life and work.

The curriculum's purpose is to help children and young people become:

**Successful learners - Confident individuals - Responsible citizens - Effective contributors**

These are the four capacities. Fairburn achieves the four capacities through the opportunities of learning & experiences throughout our challenging week residential. The curriculum areas that are covered during our residential are:

**Expressive Arts - Health & Wellbeing – Language -Literacy - Sciences**

Linking into the Curriculum our residential experiences will follow the principles below:

**Challenge & Enjoyment - Depth - Progression - Relevance - Personalisation & Choice**

## ACTIVITIES AT FAIRBURN



The activities at Fairburn are designed to help individuals & teams to overcome obstacles that will leave a lasting memory and maybe provide a lifelong hobby and love of the outdoors! Our activities are adventurous and fun with the majority being on-site, but we can also arrange off-site experiences too.

On-site activities aim to challenge our guests, develop communication skills and promote team cohesion. They provide a vehicle to inspire co-operation and healthy competition. During your residential experience there will be ample opportunity to participate in activities throughout the day and evenings of your stay.

Activities include: archery, bubble football, crate stack, jacob's ladder, lazer tag, mini paintball, orienteering, raft building, bushcraft & survival skills.

Your pupils will:

- experience personal achievement, build their resilience and confidence
- assess and manage risk and understand the impact of risk-taking behaviour
- reflect on their strengths and skills to help them make informed decisions/choices
- improve movement skills and increase fitness





Our off-site activities take pupils on a journey, out of their comfort zone and exposed into the natural changing environs that Scotland has to offer.

Activities in this category include: abseiling/climbing, canoeing/paddleboarding and hill walking. Adventure activities are an important aspect of the residential experience because participants can:

- develop their self-awareness, self-worth and respect for others
- meet challenges, manage change and build lasting relationships improving their 'off-line' social skills
- take part in activities that promote a healthy lifestyle and inspire long-term participation

## JOHN MUIR AWARD



The John Muir Award supports teachers to deliver learning outcomes through practical, creative and engaging approaches that are beneficial to the learner.

The curriculum for excellence encourages an active, healthy and environmentally sustainable lifestyle supporting learners beyond the classroom. It embraces initiatives that support outdoor learning, such as the John Muir Award.

The John Muir Award can be used to support learning in school & create better residential experiences for P6 & 7s. The award encourages an experiential approach to teaching & learning, provides focus and structure to a residential experience, field trip or visit linking in work completed in the classroom and work completed remotely. Other benefits to using the John Muir Award include meeting priorities such as raising attainment, improving behaviour, attendance and increasing engagement with learning. Through the combination of classroom based and residential based learning it inspires personal long-term development, provides opportunities for progression, increasing personal responsibility, leadership and challenge.

Fairburn fully supports the integration of the John Muir Award & the curriculum for excellence, with the purpose of creating better residential experiences.

For more information go to <https://www.johnmuirtrust.org/john-muir-award>

## STAY OPTIONS

### Pupil Prices

RESIDENTIAL DURATION	COST PER PUPIL*
4 Nights / 5 Days	£380
3 Nights / 4 Days	£320
2 Nights / 3 Days	£230

\*For staff costs please contact the centre directly. There will be one free teacher place for every 10 pupils booked

### Example 5 day Itinerary

DAY 1	ACTIVITIES
1330	Arrive, welcome brief & shown rooms
1400 - 1530	Archery
1530 - 1700	Mini Highland Games
1730	DINNER
1830 - 2000	Field Games

DAY 2	ACTIVITIES
0930 - 1100	Jacob's Ladder
1100 - 1230	Orienteering
1230 - 1330	LUNCH
1330 - 1700	Hill walking
1730 - 1830	DINNER
1830 - 2000	Problem Solving

DAY 3	ACTIVITIES
0930 - 1100	Crate Stack
1100 - 1230	Bubble Football
1230 - 1330	LUNCH
1330 - 1700	Paddle-Boarding
1730 - 1830	DINNER
1830 - 2000	Camp Fire

DAY 4	ACTIVITIES
0930 - 1100	Jacob's Ladder
1100 - 1230	Archery
1230 - 1330	LUNCH
1330 - 1530	Raft Building
1530 - 1700	Lazer tag
1730 - 1830	DINNER
1830 - 2000	Nightline

DAY 5	ACTIVITIES
1000 - 1200	Canoeing
1200 - 1230	Last minute checks, pack up & depart

## COVID-19

We take our responsibilities seriously and will do all we can to discourage the spread of Covid-19 but this may result in the experience at our centre being adapted a little from previous visits. We will do our very best to ensure everyone still has a great time!

Appropriate cleaning will take place within the main building with all regulations and guidance being followed.

Participants will have access to hand sanitiser and will be asked to use this before and after using our equipment. All equipment will be appropriately cleaned between each use.



## CONTACT US



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